

LIVE UNITED™

MAKE A DIFFERENCE WITH YOUR TIME – VOLUNTEER

Volunteering your time in our community can make a real difference towards building a better Rochester. Whether you spend an hour a week reading to children at an after school program or check in on an elderly neighbor who lives alone, volunteering your time means making a difference.

Many of your neighbors and friends already serve as volunteers. In fact, United Way matches nearly 300 volunteers each month with opportunities across Rochester. You can get involved too with projects you enjoy that fit your schedule. Here are just a few ways you can get started.

- Start a team and sign up for United Way's Day of Caring on May 13, 2010. This year, you'll join thousands across our community who will spend the day giving back through great team projects like planting gardens, reading to kids, spending the day with seniors and more. Learn more at uwrochester.org/dayofcaring.
- Find a community project at uwrochester.org/volunteer. Our online listing of hundreds of community volunteer projects will help you get started on meaningful volunteer projects.

Whatever way you choose to get involved, please know that your time and commitment to Rochester makes a difference and changes lives around you. Thank you for choosing to LIVE UNITED.



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commitment as a
volunteer makes a
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To GIVE today, contact: